

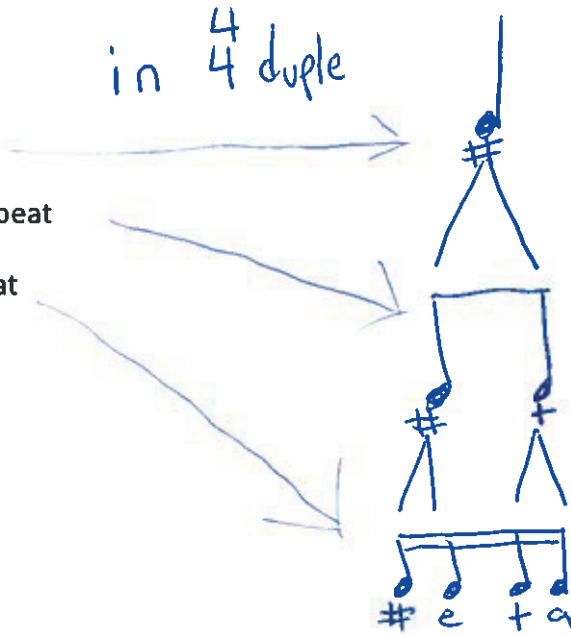
Rhythmic Training –

Macrobeat – The large beat

Microbeat – Breaks up the Macrobeat

Divisions – Breaks up the Microbeat

in 4/4 duple



Time signature translation –

- Students will convert time signatures from their standard form to below. Remember to put a 1 over the bottom number and that will equal the rhythm that gets the beat.

eg 4 - How many beats = 4, 6/8 = 6, 7/16 = 7, 4/2 = 4

4 - which beats = ♩, ♩, ♩, ♩

Rhythmic Counting and Enrhythmic

- Students will demonstrate mastery of rhythms by counting rhythms aloud and in a steady beat
- Students will be expected to dictate (write out) simple duple rhythms
- Students will be expected to take the rhythm they dictated and convert it to cut time, referencing the Macro, Micro and Divisions

$\frac{4}{4} = \frac{2}{2} = \frac{2}{2} =$ ♩

$\frac{4}{4}$ ♩ ♩ ♩ ♩

enrhythmic

♩ ♩ ♩ ♩